

# Family Learning Workshops via **Zoom**.

FL Workshops - Supporting Parents & Home Schooling					
	Remote Workshops via Zoom	Workshop Brief	Duration	Date/Time	Contact
1	Learning through play.	<p>A workshop that will explore the different types of play that will help to activate children's:</p> <ul style="list-style-type: none"> <li>• Thinking Skills [Cognitive Skills]</li> <li>• Social Skills &amp; Physical Skills</li> <li>• Emotions</li> <li>• Communication Skills</li> </ul>	2/3 hrs.	To be confirmed . (TBC)	<a href="mailto:irfan.yunas@newham.gov.uk">irfan.yunas@newham.gov.uk</a> mobile - 07782300413
2	Looking after the mental health of children and young people.	<p>This workshop will aim to help you as parents to explore adolescent mental health – what it is, why it is important, most common conditions, signs &amp; symptoms, the law. You will also:</p> <ul style="list-style-type: none"> <li>• Gain an understanding of the most common adolescent mental health conditions.</li> <li>• Explore ways of working with adolescents experiencing mental health difficulties.</li> </ul>	2/3 hrs.	TBC	<a href="mailto:irfan.yunas@newham.gov.uk">irfan.yunas@newham.gov.uk</a> mobile - 07782300413

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For further information, contact **Irfan Yunas**

Or your school contact:

**Matt Hipperson**

**020 7476 3559**



**Free**

## **Family Learning Classes**



**Learning by Zoom:**

**Is English your second language?**

**Do you want to improve your English?**

**Would you like to help your children at school?**

<b>Venue</b>	<b>St. Luke's Primary School via Zoom</b>
<b>Day</b>	<b>Thursday</b>
<b>Date</b>	<b>25.02.21</b>
<b>Time</b>	<b>10.00 – 12.00</b>