



# **St. Luke's CEVA Primary School**

## **St. Luke's Food Policy**

**Adopted Autumn 2024**

**Review date: Autumn 2026**

**Aspiring to be just and kind**

**Walking humbly with God**

**Growing with every opportunity**



At St. Luke's, we are committed to fostering a community built on justice, kindness, service and respect, ensuring that everyone—regardless of background—is treated with dignity, warmth, and fairness. We are a Church of England VA School and we welcome all faiths.

We strive to embed a positive approach to our relationships which is evident in our behaviour in and out of school. We believe in restorative justice, to emphasise respect and reconciliation for all.

Our goal is to inspire pupils to make ethical choices and become agents of change, both within their own communities and beyond. We provide an environment where all individuals can flourish, experiencing a life-enhancing encounter with the Christian faith and Jesus Christ.

With hearts of compassion, we encourage service to others, extending kindness and support both within our school and the wider world. Through an excellent and broad-based curriculum, we ignite enthusiasm, energy, and dedication, empowering pupils to fully grow within their learning journey.

We prioritise diverse opportunities in sports, music, the arts, technology, and culture, supporting pupils' spiritual, moral, social, and personal development. We encourage pupils to grow in the 'fruits of the Spirit'—love, joy, peace, patience, kindness, goodness, faithfulness, humility, and self-control.

Our pupils grow with every opportunity and flourish spiritually.

## Introduction

The purpose of this policy is to inform all members of the school community and implement systems and structures to be consistent about the food and drink provision at our school.

The scope of this policy encompasses all food and drink consumed on the school site and as part of a school activity. It aims to promote the Eatwell Plate (see Fig 1 below) - a healthy diet is defined as one where there is a balance of food and drink providing the nutrients required in the right amounts. It also promotes sustainability through reduced packaging, responsible recycling and disposal of the waste produced by food and drink.



## Aims and objectives:

Our aim is for all aspects of school life to promote the health and well-being of all members of the school community, including food and nutrition, as part of our commitment to being a Healthy School.

### Objectives:

- To set out a consistent approach to food and drink provision throughout the school day
- That all our pupils learn about food and drink as part of a curriculum that supports health and well-being
- To provide high quality school meals to our pupils, within the resources available
- To provide suitable social settings for pupils and staff to consume food and drink
- To work in partnership with parents and carers

## The Curriculum:

Teaching about food and drink forms part of the curriculum in: Science/Design and Technology; RHSE, PE, literacy; RE.

Wherever possible, practical and active teaching and learning opportunities will be provided for pupils, in particular to develop food preparation skills, in the analysis of food and in maintaining personal health. Lessons using the creative learning opportunities for food and drink will also be developed across the curriculum.

The whole school nature of learning about food and drink is reinforced through assemblies, after school cooking club and in celebrations. When visitors, such as parents or specialist cooks, are involved in lessons about food and drink, they will work in accordance with this policy and always with a member of the teaching staff present.

## Food and drink provision

- School meals:

School meals are provided by Juniper and follow the nutritional guidelines set out by the Department for Education. The implementation of national nutritional standards and information about the style of service and menu content are identified in the catering contract. This contract specification forms part of this food policy.

Steps will be taken to excite and motivate pupils to try new foods, and also to involve and consult with pupils and parents/carers about school meals. These could include theme days and tasting sessions and menus will be displayed prominently. We are committed to non-discriminatory procedures to ensure all pupils who are eligible for free school meals take up their entitlement.

The importance of pupils and staff having enough time to eat and digest lunch will be taken into account when planning the school day.

- Special dietary needs:

Parents/carers are expected to inform schools of allergies and other diet related medical conditions. The school will support pupils with special dietary needs during the school day.

- Packed lunches:

The school is committed to informing pupils and parents/carers about approaches to the preparation of a packed lunch that is balanced and healthy. The school will identify areas for the eating of packed lunches where pupils can have easy access to drinking water and facilities to dispose of/recycle waste. **The school maintains a 'no nut' policy for packed lunches and if detected these will be removed and the parent/carer advised not to do this again.**

- Celebrations, treats and rewards:

The school recognises that food is often an important element of celebrations and will ensure that healthy options are available.

- Drinks:

The school recognises the contribution that the consumption of sufficient water makes to learning, positive behaviour and health. The school will meet its legal requirement to make clean, palatable water available to all pupils and staff throughout the school day. Parents/carers will be encouraged to provide an appropriate container for drinking water and ensure that containers are kept clean. Parents/carers will be provided with information about the value of drinking sufficient water.

- Dining environment:

The school aims that all eating environments are welcoming and encourage the positive social interaction of pupils and staff. The school will specify areas for eating meals and will ensure all such areas have easy access to drinking water and facilities to dispose of/recycle waste.

## Extended school and social activities

The school will endeavour to ensure that all school social events and school clubs operate consistently within the objectives of this policy.

- Breakfast club and after school club:

The breakfast club will provide healthy and tasty foods in accordance with national nutritional standards and ensure food is prepared in healthy and safe conditions by trained staff.

- Partnership with parents:

The school will work actively with parents / carers around food and diet. This will include:

- Menu consultation and tasting of school dinners;
- Information about a balanced and healthy packed lunch;
- Involvement in the healthy school group;
- The availability of an appropriate designated area for breastfeeding, and other infant feeding when required.

- School events:

All events will aim to take place consistently with this policy.

## Continuing professional development (CPD)

All school staff and governors will have access to opportunities for CPD to support the implementation of this policy. The CPD needs of particular groups of staff, for example Midday Supervisory Assistants and teachers of DT, will be addressed to encourage consistent implementation at lunchtime and around food technology.

## **Health and safety**

All food preparation will adhere to the school's health and safety policy and be carried out according to good food hygiene and preparation standards. Health and safety remains the responsibility of all staff. Wherever possible, food preparation will be carried out in designated areas in the school and an equipment inventory for food technology will be maintained and audited by the DT coordinator.

The school's risk assessment procedures will include consideration of food hygiene. Parents/ carers should notify the school in writing of any special medical dietary needs and the school will work in the best interests of the child.

## **Allergies**

Details are kept in the Health section of the school's Google Drive and displayed in the First Aid room and individual classrooms. Staff are made aware of this through training.

## **Implementation**

The implementation of the Food Policy is the responsibility of the school's healthy school group, which will consider aspects of healthy eating as part of developments in the school. SLT are responsible for the coordination of the curriculum in relation to food, drink and nutrition.

Steps will be taken to consult with pupils, about food and drink provision at school. Opportunities will be taken to inform parents/carers about the policy, and to respond to comments.

Governors on the School Improvement Committee (SIC) monitor the food policy, including the provision of school meals and the food and drink available as part of visits to school.

## **Monitoring and Review**

The monitoring of this policy will be the responsibility of the Head/SIC Committee. Progress with the healthy eating part of healthy school developments will be monitored as part of school improvement planning.

Individual subject curriculum policies will set out the learning elements which relate to food and drink and these will be monitored as part of regular subject monitoring. This policy will be subject to a formal review every three years or sooner if significant changes occur.

## **Natasha's Law**

From Oct 2021 Natasha's Law in school has applied to something called PPDS (pre packaged for direct sale/use) and specifically to:

- **Food that is packaged at the same place that it is offered or sold to consumers. Therefore, if schools provide pupils with food that caterers pre-pack on-site e.g. sandwiches for educational visits offsite, this will need to comply with all the necessary regulations.**
- **It applies to food that people can select for themselves, or that which is offered from behind a counter.**

**Our Kitchen staff are directly employed by Juniper Catering and trained in these requirements.**