



# St Luke's News

Aspiring to be just and kind. Walking humbly with God.  
Growing with every opportunity



14th February 2025

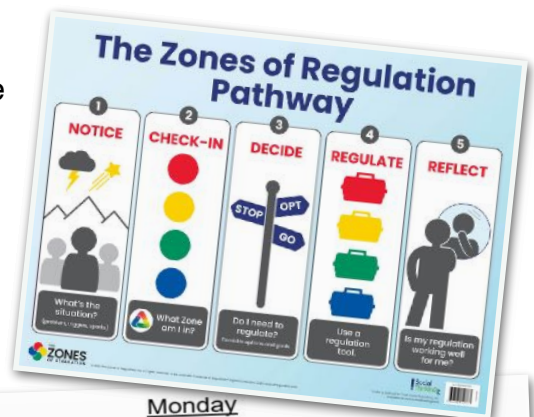
Dear Parents & Carers,

## How we get in touch with our feelings

**Emotions:** what they are, how they feel and how we deal with them, have to be taught just like reading and writing if we want our children to be as successful and content as possible. Below is an example of how the Y5s have been taking stock of how they are feeling and what they may need to do about it. This thinking (being trialed in several schools) is leading us, as a school, to re-think traditional ways of working (such as our 'Behaviour for Learning' approach) and adapting it into more of a relationships and communication approach. We hope to discuss this with children and parents over the weeks leading into the Summer Term and have a launch of a new approach this Summer – details to follow

## Y5 - Resolving Conflict & Disagreements

This week, Year 5 have been looking at how to resolve conflict and overcome disagreements. They learned that conflicts are normal and we cannot always agree with everyone. They learned lots of ways to manage their own emotions when feeling triggered and how to act like a "wise owl" not a "guard dog" when we "flip our lid". All of these strategies are great ways to make sure that we can overcome conflict and strengthen our friendships with friends and family. We learned that these are skills that need rehearsing/practising and although the lesson was a difficult one, everyone committed to trying these new strategies to show our school values of respect and kindness.



Monday

Red									
Yellow									
Green									
Blue									
	Going to school	GPS	Assembly	Reading	Break	Maths	Lunch	Topic	Home time

## Disabled Parking Bay – Please Do Not Park There!

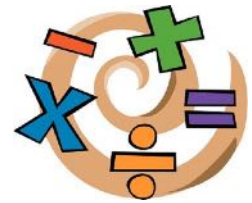


Next to the Nursery we have our neighbours and they have a **Disabled Parking Bay** outside of their house that we need to make sure that no parents park in please as it is used all throughout the day.

## Maths Training - Early Maths Education and Predictors

Our Maths and Early Years teachers attended training this week from Dr. Sue Goodman and we thought some of the headlines might be of interest to you.

She discussed the importance of early maths education, highlighting the significance of number sense, pattern, and spatial reasoning. She emphasised that children who lack foundational maths skills at the start of school tend to plateau and never catch up. Sue also pointed out that maths is a stronger predictor of children's outcomes than language and literacy. Sue also mentioned the importance of children believing they can learn maths and all adults believing that their children can be successful at maths. She concluded by discussing the areas of maths that make a difference, including number sense (pulling apart numbers, eg, 8 is not just 8 but 1 more than 7, 1 less than 9, can be halved into two whole numbers, can be made up by 4+4, 2+2+2+2, etc), patterning and spatial reasoning. We intend to hold some EYFS maths sessions for parents in the next half-term.



## Sports News

On Monday 27th January, a small group of Year 3&4 went to Rokeby School to compete in a Panathlon, New Age **Kurling** Competition. This was the very first time St Luke's has ever participated in a Kurling Competition. All six of our amazing athletes performed and finished in 3rd place. Well-done and congratulations.



Well done to our fantastic Year 3&4 Athletics Team for coming second in The Newham SSP SHA Athletics competition @ Newham Leisure Centre. Here is a quick summary written by three of our Year 4 Reporters, who accompanied the team on the day.

*"The St Luke's Team did really well. They won javelin, chest throw, speed bounce and all the boys' races and one of the girls' races. It was an exciting day - we loved watching the races. We (the reporters) helped the organisers to put away the equipment and they asked us to give out the medals at the end. We are really proud of our St Luke's team."*



Huge congratulations also go to our Year 4&5 **Futsal** team for winning the Newham SSP Mixed Futsal Competition at Rokeby School (for the second year in a row!) The competition did not start well when the team lost their first match. However, displaying some of St Luke's strongest qualities - resilience, determination, growth - they went on to win their next three matches to secure a place in the finals (against the same team who beat them!). The team went on to win

2-0 and to retain the Futsal title. Well-done, St Luke's is so proud of you.

### Also In the News



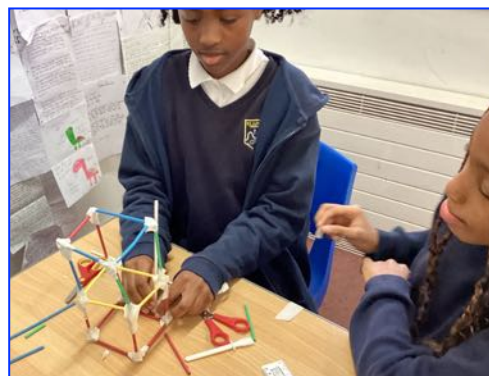
Y4 Coding



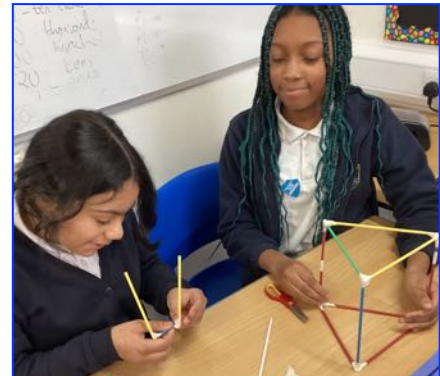
Library visit



Maths Club



Understanding shape in Y6



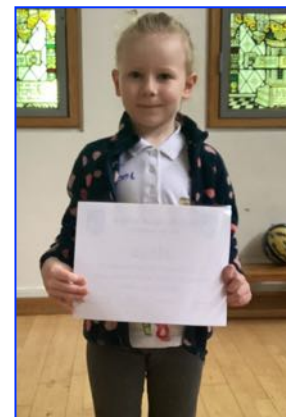
### Golden Assembly and Birthdays



YR



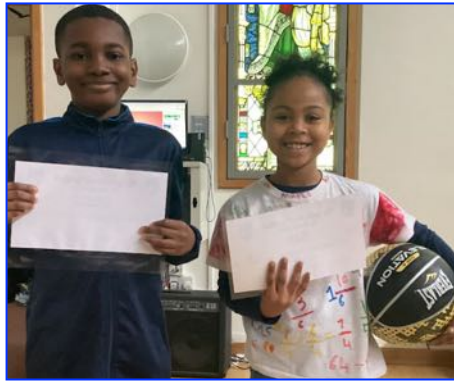
Y1



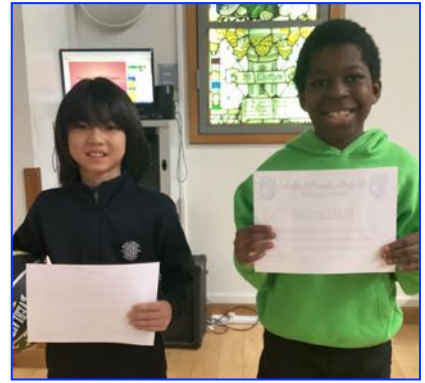
Y2



Y3



Y4



Y5



Y6



Happy Birthday!



Times Tables Rock stars winners – congratulations!

## Coming up

  
**FAMILY FUN DAYS**  
 Fun For The Whole Family



**Where:** Terence Brown Arc, Hermit Road Park, Bethell Avenue, E16 4JT  
**When:** Selected Dates (see reverse for details), 12:30pm to 3pm  
**Activities include:** Sports, Arts & Crafts, Adventure Play, Outdoor Games & Much More!  
 Booking is Required

Contact us to book a place:  
[bookings@theaaazone.com](mailto:bookings@theaaazone.com)

WEB: WWW.THEAAAZONE.COM | TWITTER: @THEAAAZONE | FACEBOOK: @AMBITIONASPIREACHIEVE  
 INSTAGRAM: @AMBITIONASPIREACHIEVE

  
**FAMILY FUN DAYS**  
 Timetable:

- Sunday 23rd March
- Sunday 13th April
- Sunday 27th April
- Sunday 11th May
- Sunday 25th May
- Sunday 8th June
- Sunday 22nd June
- Sunday 13th July
- Sunday 14th September
- Sunday 28th September
- Sunday 5th October
- Sunday 19th October

Contact us to book a place:  
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**JUNIOR TENNIS CAMP**  
 BOYS & GIRLS  
 5-15 years old



**Action-packed holiday camps with team challenges, tennis skills, games and prizes.**  
 All equipment is provided, no prior experience necessary.


**Venue**  
**Stratford Park**  
 West Ham Lane, Stratford, E15 4PT  
**12:00 - 2:30pm**

**Gooseley Playing Fields**  
 St Albans Ave, East Ham, E6 6AW  
**17th & 18th February**  
**£18.50 per day**

[nationaltennis.org.uk/camps/london](http://nationaltennis.org.uk/camps/london)  
[hello@nationaltennis.org.uk](mailto:hello@nationaltennis.org.uk)







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**FREE ACTIVITIES**



Whether it's with friends or with family, discover a world of free fun this school holiday.

For more information and to book please scan the QR Code below or visit [better.org.uk/better-newham](http://better.org.uk/better-newham)



## Diary Dates

**17<sup>th</sup> Feb – 21<sup>st</sup> Feb – School closed for Half-term – School reopens as normal on Mon. 24<sup>th</sup> Feb. with breakfast and After-School clubs both running**

### February

26<sup>th</sup> Trees for Cities working with Eco Committee

27<sup>th</sup> Ramadan/Eid awareness Ass.

### March

3<sup>rd</sup> Dental fluoride for Yn-Y1 for those with permission

3<sup>rd</sup> Safer Internet Week – with the famous St. Luke's Escape Room!

**3<sup>rd</sup> Y3-Y6 Assessment week**

5<sup>th</sup> Vision & hearing tests for YR

7<sup>th</sup> World Book Day – Character dress-Up – parents can visit their child's classroom from 2.15

12<sup>th</sup> Y5 visit to Tudor Museum

**17<sup>th</sup> Parent/Teacher meetings all week**

19<sup>th</sup> London Youth Games

19<sup>th</sup> Switched on Assembly – safety by rail tracks

21<sup>st</sup> March Non-uniform day for Show the Red Card to Racism – Art Gallery & Assembly

24<sup>th</sup> -28<sup>th</sup> Parent meetings all week

26<sup>th</sup> Y6 on subsidized visit to Lion King show

27<sup>th</sup> Y5 visit Cody Dock

28<sup>th</sup> Anti gangs workshops for Y5 & Y6

### April

2<sup>nd</sup> Y3/4 Easter performance for parents

**Mon 7<sup>th</sup> April – Mon. 21<sup>st</sup> April – School closed for Easter Holidays – School reopens as normal on Tues 22<sup>nd</sup> April with breakfast and After-School clubs both running**

Have a lovely and peaceful weekend

Matt Hipperson HT