



St Luke's News

A Christian school that serves a diverse community and works in partnership with parents to develop the whole child.



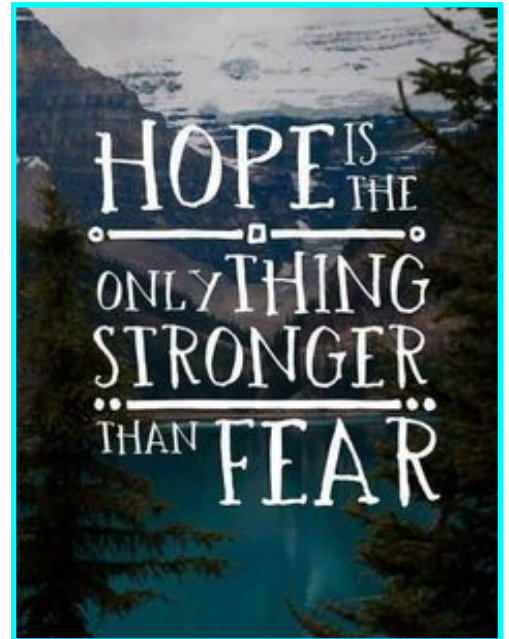
3rd April 2020

Dear Parents

We find ourselves in a situation that none of us could have imagined just a few short weeks ago, indeed it is something that I never thought would happen in my lifetime and like many of us, only believed it belonged in the movies!

I am having to self-isolate as one of my children is unwell at the moment. This is a very difficult and worrying time for us as a family and I have to be brave. I do find it hard to think of anything braver than those healthcare workers turning up to work every day when inside they must be thinking, "I just want to stay home like everyone else until it is safe."

Being 'locked down' has stresses and I think we are all feeling those but there are ways to get through this that we can all manage:

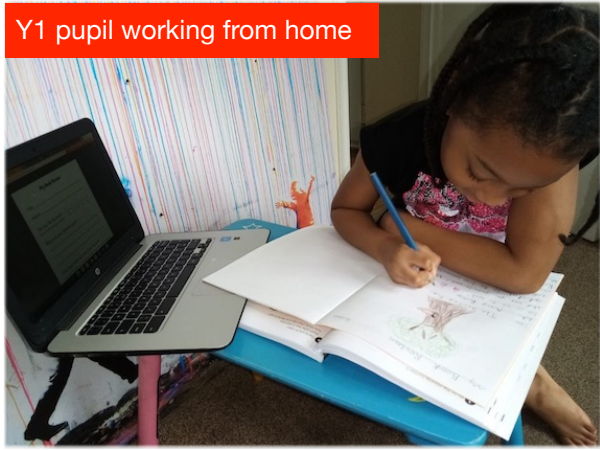


- **Remember, this is no ones fault!**
- Always look for the positives such as being able to spend some more time with your children - they grow up so quickly. I know I wish I'd spent more quality time with my boys.
- Try to find a routine - maybe start your day with a fitness session together - even I am doing the sessions run by Joe Wicks on Youtube every day - Exercise can make you feel more positive - *and if I can you can!* Then then build the day round doing work and having some time together
- When you can, try and have some fun together or watch something together - it seems strange when we are isolating but it is the sense of togetherness that will get us through
- Keep in touch with loved ones and friends who you maybe have lost touch with in this busy world we live in
- Below are some fun competitions for the children to have a go at (Thanks to Canary Wharf College in Tower Hamlets for those)

Home Learning

Although there have been a few technological hitches (which were to be expected) we have been very pleased with the commitment of the children and staff to this new way of working. But in all the newness of this situation it is lovely to see the 'old' St. Luke's traits still being seen - witness this Y5 exchange on Google Classroom this week:

Y1 pupil working from home



Child A - *I think I am the only one lagging behind with my work*

Child B - *Don't say that!*

Child A - *But it's true*

Child C - *I've completed all my work - it only takes perseverance and a growth mindset - I put all my hard work and effort into it - that's what I did when I was lagging behind - just give it a try - if I can do it so can you!*

Child B - *Exactly!*

I have been able to monitor the work going on across KS2 this week and it has been uplifting to see the children and staff work together to meet challenges - that mix of 'we are all in this together' coupled with the old competitive spirit means that once again, here at St. Luke's, we make the best of the situation we are in - well done to all!

Pupil Reports

At the end of the holidays you will receive a written mid-year report about your child/children in place of the cancelled parent/teacher meeting from March - any feedback can be given directly to the class email.



EASTER HOLIDAY COMPETITIONS

Here are some online competitions and challenges that you can explore with your children

Promoter: Royal Academy of Art

Closing date: 24th April 2020

About: Young Artists' Summer Show: Your child should create a piece of original art work (open theme). A judging panel will select winning pieces to be included in the online exhibition on 12th July and in an on-site exhibition at a date TBC.

Restriction: Age 5-19 years old.

Link: <https://youngartists.royalacademy.org.uk/>

Promoter: RSPB (Royal Society for the Protection of Birds)

Closing date: 28th August 2020

About: Create a piece of art inspired by nature: There are 2 categories to choose from – REAL LIFE (entries using the more traditional approach of paints, pastels, acrylics, pens or pencil) and GO WILD (for those who want to 'go wild' in every sense of the word by experimenting with textiles, sculpture, recycled and eco-friendly materials, collages). For each category, the winner of each age group will receive an art gift voucher worth £100. The winning, runner-up and highly commended artwork will be displayed at The Society of Wildlife Artists Natural Eye exhibition.

Restriction: Three age groups: under 8s, 8-12 and 13+

Link: <https://www.rspb.org.uk/fun-and-learning/for-kids/rspb-kids-competitions/wild-art/>

Promoter: UK Robotics

Closing date: 8th June 2020

About: 'Draw A Robot' drawing competition: Prizes include a Thames Komos Robotics Experiment kit and Flexistix Creativity kit for the winner or an Electro Dough kit for the runner-up.
Restriction: Age 5-7
Link: <https://www.ukras.org/school-robot-competition/draw>

Promoter: UK Robotics
Closing date: 8th June 2020
About: 'Once Upon A Robot' creative writing competition: Write an exciting story featuring robots for a chance to win a Makeblock Programmable Robot kit for the winner, along with a signed copy of A.F. Harrold's "*Greta Zargo and The Death Robots from Outer Space*" and a copy of Frank Cottrell-Boyce's "*Runaway Robot*" for both the winner and runner-up.
Restriction: Age 7-11
Link: <https://www.ukras.org/school-robot-competition/write>

BONUS COMPETITION:

Click on this FunKids link to enter a competition to win a bundle of Gigantosaurus games – from the author/illustrator Jonny Duddle who visited our school and helped us celebrate World Book Day. All you need to do to be in with a chance of winning is answer a simple question about dinosaurs.
<https://www.funkidslive.com/win/win-a-gigantosaurus-bundle-to-celebrate-gigantosaurus-the-game/>

A Message from Reverend Amy

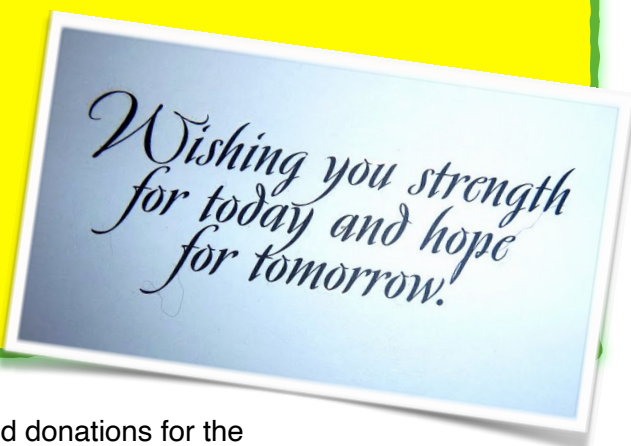
One of the songs we sing in church assemblies on Thursday mornings is '*The Lord's My Shepherd*' with the words taken from Psalm 23. This Psalm speaks of the reality of knowing God's comforting presence with us in every day of our lives, even says the writer of the Psalm when we walk through the valley of the shadow of death. It is my prayer for you all in these uncertain and for many of us anxious times that you would know God's love, presence and hope. Remember St Luke's Church is live streaming morning prayer each day at 9am and our Sunday services at 10:30 each week on Facebook and Instagram if you'd like to join in! You are all in my thoughts and prayers. God bless, Rev. Amy

Below are our online mass times for Easter:

Thursday 9th April 7:30pm Maundy Thursday service
Friday 10th April 2-3pm Hour at the Cross
Sunday 12th April 10:30 Easter morning service

God Bless you all

Amy



Please check out the flyers below: there's an appeal for food donations for the vulnerable and an important reminder from Police on Scammers and Fraud during this Covid-19 pandemic.

Have a safe week as we build up to Easter - pray, care and console each other in these difficult times

Matt Hipperson
Head Teacher

Canning Town Covid-19 Support: Food and Essentials

We are accepting donations from the public, which will then be sorted, packed and safely delivered to Canning Town residents who need them.

Please purchase non-perishable foods and essential household items and drop them in the entrance area at River Christian Centre, Vincent Street, Canning Town, E16 1LZ, Monday and Friday 9am-6pm.

If you are in need of support we may be able to help.
Contact us on 020 74761171 or 07470301364

We are asking you consider if there are other alternatives first e.g. family or online deliveries. We want to prioritise those in most need.



We are a partnership of local organisations working in liason with Newham Council



CITY OF LONDON
POLICE



NCA
National Crime Agency

Beware fraud and scams during Covid-19 pandemic fraud

Criminals are using the Covid-19 pandemic to scam the public – don't become a victim.

Law enforcement, government and private sectors partners are working together to encourage members of the public to be more vigilant against fraud, particularly about sharing their financial and personal information, as criminals seek to capitalise on the Covid-19 pandemic.

Criminals are experts at impersonating people, organisations and the police.

They spend hours researching you for their scams, hoping you'll let your guard down for just a moment.

Stop: Taking a moment to stop and think before parting with your money or information could keep you safe.

Challenge: Could it be fake? It's ok to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.

Protect: Contact your bank immediately if you think you've fallen for a scam and report it to Action Fraud*.

Your bank or the police will NEVER ask you to transfer money or move it to a safe account.

Criminals are targeting people looking to buy medical supplies online, sending emails offering fake medical support and scamming people who may be vulnerable or increasingly isolated at home. These frauds try to lure you in with offers that look too good to be true, such as high return investments and 'healthcare opportunities', or make appeals for you to support bogus charities or those who are ill.

Reports from the public have already included online shopping scams where people have ordered protective face masks, hand sanitiser, and other products, which have never arrived and a number of cases have been identified where fake testing kits have been offered for sale.

Criminals are also using Government branding to try to trick people, including reports of using HMRC branding to make spurious offers of financial support through unsolicited emails, phone calls and text messages.

This situation is likely to continue, with criminals looking to exploit further consequences of the pandemic, such as exploiting financial concerns to ask for upfront fees for bogus loans, offering high-return investment scams, or targeting pensions.

Huge increases in the number of people working remotely mean that significantly more people will be vulnerable to computer service fraud where criminals will try and convince you to provide access to your computer or divulge your logon details and passwords. It is also anticipated that there will be a surge in phishing scams or calls claiming to be from government departments offering grants, tax rebates, or compensation.

Detailed counter fraud advice is available online, including from [Scamsmart](#), [ActionFraud](#), [CIFAS](#), [Take Five to Stop Fraud](#), [Citizens Advice](#), [Trading Standards](#) and the [National Cyber Security Centre](#).

If you believe or know that you have been the victim of fraud, you can report to Action Fraud can be done online at <https://www.actionfraud.police.uk> or by calling 0300 123 2040

To report offers of financial assistance from HMRC contact phishing@hmrc.gov.uk