



# St Luke's News

A Christian school that serves a diverse community and works in partnership  
with parents to develop the whole child.



24th April 2020

Dear Parents

*Another week passes and life, although simpler, is getting more difficult for many in our community. I sent out a text to all our families to say that there is help available and if needs be I can put you in contact with organisations that can help you – I promise this will be done discretely and with the only aim of making your situation better.*

Despite all the loss and hardship people are experiencing, I have been talking with the children in school about some of the things that have happened in our 'new world' that are positive and then I came across this posting below by a teacher on Facebook that I think sums up this situation rather nicely.

## ***What if? 2020 Just a thought!***

**What if** they cancel the rest of the school year and students miss three months of education!?

*Many people are concerned about students falling behind because of this. Yes, they may fall behind when it comes to classroom education but...*

## ***What if...***

*Instead of falling behind, this group of kids are ADVANCED because of this? Hear me out...*

**What if** they have more empathy, they enjoy family connection, they can be more creative and entertain themselves, they love to read and they love to express themselves in writing?

**What if** they enjoy the simple things, like their own back garden, their balcony or sitting near a window in the quiet? **What if** they notice the birds and the dates the different flowers emerge, and the calming renewal of a gentle rain shower?

**What if** this generation are the ones who learn to cook, organise their space, do their laundry and keep a well-run home? **What if** they learn to stretch a pound and to live with less? **What if** they learn to plan shopping trips and meals at home? **What if** they learn the value of eating together as a family and finding the good to share in the small delights of every day?

**What if** they are the ones to place great value on our healthcare workers, teachers and educational professionals, librarians, public servants and the previously invisible essential support workers like truck drivers, grocers, cashiers, logistics and their supporting staff, just to name a few of the millions taking care of us right now while we are sheltered in place?

**What if** among these children, a great leader emerges who had the benefit of a slower pace and a simpler life to truly learn what really matters in this life?

**What if they will be AHEAD and not behind?**



### Banner of Thanks

Some of our children who are still attending school have made a banner from 'all' of us expressing our ongoing thanks for the sacrifice and work of all our healthcare staff and then hung it on the railings outside the school – you can't miss it!

### Website News

If you go to the top bar on the home page and click on the **Parents' Page** tab and scroll down to [Home Learning Information](#) you will see many links to different sites to support your child's learning including the BBC *Bitesize* homepage which is full of good resources. The Department for Education have also started daily phonics lessons for Early Years and Y1 children, so please go to the year group pages where there is more information about this.



### Help for Parents with our maths scheme, *Maths No Problem*

Parents of children in Y1-Y6 will have received a text this week about signing up to get a Parent Guide to using *Maths No Problem*. This is a simple process – 50 sets of parents have already been registered. The guides help you understand the work your child is being set and will also help you extend them. Please look for the text if you haven't registered yet and activate the guide.

I just want to finish by saying to any parents who are struggling financially or for any other reason that you can contact me at any time via email on: [ht@st-lukes.newham.sch.uk](mailto:ht@st-lukes.newham.sch.uk)

Let me know of your situation and I will do my utmost to get help to you from other services

Have a safe weekend

Matt Hipperson  
Head Teacher



## Mental Health and Wellbeing

If you are dealing with a mental health crisis or emergency and want to speak to someone, please click here for a list of phone numbers you can call:

[www.mind.org.uk/information-support/guides-to-support-and-services/crisis-services/helplines-listening-services](http://www.mind.org.uk/information-support/guides-to-support-and-services/crisis-services/helplines-listening-services)

  
**COMMUNITY**  
HOME SCHOOL VALUES

This term we will be focussing in school on the value **COMMUNITY**. We hope your family will find these ideas helpful as you explore the value and have fun together.

### TALK TOGETHER ABOUT COMMUNITY..

There are many different kinds of community and most of us are part of several. We may belong to a school, a church, a club or a village or town. Belonging to a community means that we are not just an individual, separate from everyone else, but we are in relationship with others.

- Which **communities** do you belong to?
- Why is it important to you that you belong to them?
- How would life be different if you did not belong?



### READ TOGETHER...

#### Jesus feeds 5000 people

Everyone loved to see and listen to Jesus. So everywhere Jesus went, many people followed.

One day a very big crowd gathered to see Jesus – more than five thousand people! There were men, women and children everywhere: sitting on the grass, standing under the trees, all trying to catch a glimpse of Jesus and hear what he had to say. Later when he had finished teaching, Jesus went around meeting people. Everyone was having a great day and nobody wanted to go home.

But the disciples began to worry. "Jesus, you need to send these people away now," they said, "they are a long way from home and will soon be getting hungry and we don't have any food to give them."

"It's alright," Jesus said, "You can give them something to eat."

"How can we do that!" exclaimed his friends, "It would cost loads of money to feed all these people! One young boy has donated his lunch but 5 barley loaves of bread and 2 fish won't be nearly enough."

"Tell everyone to sit down ready for a picnic," said Jesus. Then he prayed to God "Thank you for this food," he said, before he gave the bread and fish to his friends to share among the crowd. They looked at each other mystified, knowing that the bread and fish would soon run out. But they began to hand out the food...and more food...and more food, until at last they realised that everyone was happily eating. "Where did all that bread and fish come from?" they wondered. "How did so little food manage to feed so many people?"

Later, when the crowd had gone home, Jesus' friends went round with baskets to pick up the leftovers. What an amazing day it had been. They had seen Jesus teach people, help people, and somehow turn 5 loaves and 2 fish into enough food for a feast that no one could ever forget!



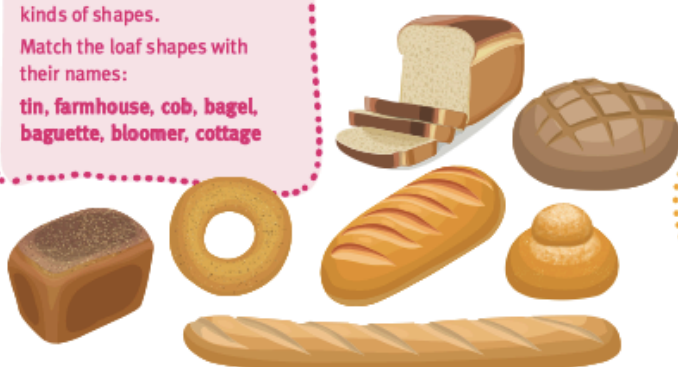
### QUIZ

#### The bread we eat

The 5 loaves that the boy in the Bible story gave to Jesus were made from barley. Most of the bread we eat is made from wheat, but bread can be made from a number of different grains and have all kinds of shapes.

Match the loaf shapes with their names:

tin, farmhouse, cob, bagel, baguette, bloomer, cottage



### THINK TOGETHER Words of Wisdom

'I can do things you cannot, you can do things I cannot; Together we can do great things.'

*Mother Teresa*

Can you think of a task that can be done with others but not alone?





## FAMILY FOCUS

Think about Mother Teresa's words of wisdom (overleaf). What are the special gifts and talents of each member of your family?

How do each of you use your gifts and talents for the benefit of everyone in the family?

I'm good at woodwork. I make things for our house.

I love gardening. I grow fruit and vegetables for everyone.

I enjoy painting. I make pictures and cards for presents

I like singing and making up plays. I put on shows for the family.



## HOME-SCHOOL CHALLENGE

### Become a Baker

Bake some loaves of bread or bread rolls together as a family. Eat some at home and take others to school. You can find a recipe by entering 'easy bread recipes' into a search engine.



## FASCINATING FACTS About bread

Bread is perhaps the food most associated with community. For thousands of years it has been an essential part of the family diet. Bread is also part of many religious and cultural ceremonies.

Jewish families celebrate the start of Shabbat (the sabbath) by eating a special loaf called challah.



In Russia, when an important or respected guest arrives at someone's home, as a symbol of welcome they are presented with a loaf of bread with a salt shaker placed on top.

In Christian worship bread has a particular significance:

- As part of the service of holy communion, a loaf of bread is broken, shared and eaten to remember Jesus' sacrifice on the cross.
- Spiced and fruited hot cross buns (so called because of the cross across the top) are eaten in Lent, the period leading up to Easter.
- At Harvest Festival a loaf in the shape of a sheaf of corn is often a focal part of the decoration of the church.



## HALL OF FAME

### Malala Yousafzai



Malala is now so famous that her name is known right around the world, but the life of this amazing young person began in an ordinary and unremarkable village in Pakistan. Malala Yousafzai's father was a teacher in the local community and wanted all his children to have a good education in order that they could have fulfilling and successful lives. But, Malala writes:

"Everything changed when the Taliban took control of our town in the Swat Valley. The extremists banned many things like owning a television and playing music - and enforced harsh punishments for those who defied their orders. And they said girls could no longer go to school. I spoke out publicly on behalf of girls and our right to learn. And this made me a target. In October 2012 on my way home from school, a masked gunman boarded my school bus and asked 'Who is Malala?' He shot me on the left side of my head.

I woke up 10 days later in a hospital in Birmingham, England. The doctors and nurses told me about the attack and that I had been flown to the UK for medical treatment. They said that people around the world were praying for my recovery.

After months of surgeries and rehabilitation I knew I had a choice. I could live a *quiet* life or make the most of this *new* life. I determined to continue my fight until every girl could go to school."

Malala has been true to her word and in December 2014 she became the youngest ever Nobel Prizewinner in recognition of her work as a fearless and sacrificial campaigner for girls' education, not just in her own community but across the world.

Malala says "There is still a lot to do. Even today, 130 million girls across the globe do not have the opportunity to go to school."

## Canning Town Covid-19 Support: Food and Essentials

We are accepting donations from the public, which will then be sorted, packed and safely delivered to Canning Town residents who need them.

Please purchase non-perishable foods and essential household items and drop them in the entrance area at River Christian Centre, Vincent Street, Canning Town, E16 1LZ, Monday and Friday 9am-6pm.

If you are in need of support we may be able to help.  
Contact us on 020 74761171 or 07470301364

*We are asking you consider if there are other alternatives first e.g. family or online deliveries. We want to prioritise those in most need.*



*We are a partnership of local organisations working in liason with Newham Council*