



St Luke's News

A Christian school that serves a diverse community and works in partnership with parents to develop the whole child.

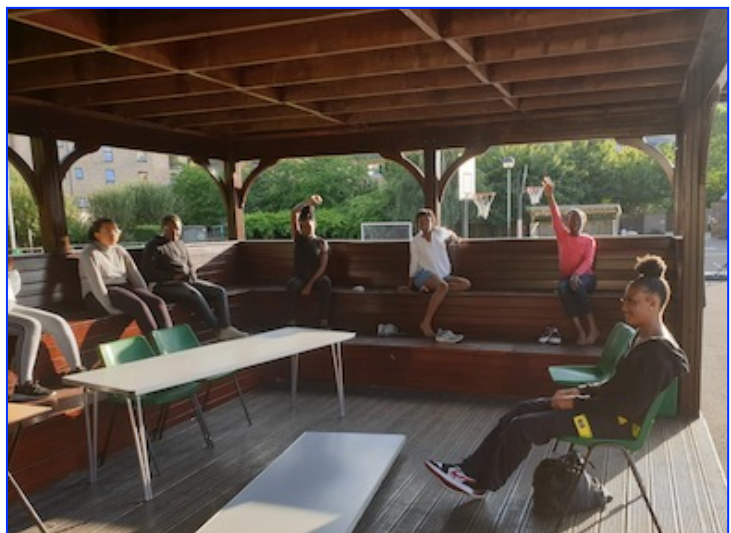


10th July 2020

Dear Parents & Carers

The most important thing that happened in our school this year occurred on Friday evening as we brought together and said well-done and best wishes to our wonderful Y6s who have missed out on so much due to the Covid 19 outbreak. Ms Martin put together a slideshow of memories, there were fun and games in the playground, a 'silent disco', camp-fire songs and we finished the evening off with a barbecue.

Rev. Amy said a prayer for the children and we spoke about how we move on but we never fully leave St. Luke's – that is the uniqueness of this particular school family. This was perfectly summed up by a visit on Friday from ex-pupil Chloe (soon to be Y10) who gave up her own time to talk honestly, answering questions from our Y6 girls. The questions perfectly illustrated the nerves all primary children have about moving onto the next phase of their lives but Chloe talked with such frankness and intelligence about those challenges that I am sure her words will stay with the girls into their transition to Y7. Unfortunately some other children who were going to come could not make it but we will definitely look to build on Chloe's example next year.



Chloe takes concerned questions from Y6 girls

I would just like to take this opportunity to thank Ms Martin and Mr Brown for their sterling work with Y6 through such difficult times. Thank you both!

Next Year Next Week!

Next week we will send out some important letters and messages about the full re-opening of the school in September. Government advice has led to some changes in how the school will re-open so I will put the plan into a letter that I can share with you as well as putting the Risk Assessment for September on the website for you to look at. This week it has been shared with staff, Governors and unions and I welcome any suggestions from parents before producing the working document from which we will re-open.

Staffing in September

Year Group	Teacher	Nursery Nurse/ HLTA/LM	Classroom Assistant
YN	Ms Yeter	Ms Sultana	Miss Leung
YR	Miss Feeney		Miss Rahman Miss Sankar
Y1	Mrs Siddiqui/Mrs Tarbuck	Miss Regan HLTA (AM)	Ms Aulakh/Mrs Harding Miss Higgins (PM)
Y2	Miss Norcross/Mr Scott		Ms Aulakh/Ms Harding
Y3	Mr. Ahmed	Ms Akhtar	Mrs Cole (AM) Miss Mehmood (PM)
Y4	Miss Koenig	Ms Nbick (AM)	Miss Holley Miss Mehmood (PM)
Y5	Miss Peters	Ms Adams HLTA (AM)	Miss Higgins (AM) Miss Crookes (PM)
Y6	Mr. Brown	Miss Martin LM	Miss Crookes (AM)

Catch-up homework for the Summer Holidays

The school has invested in some resources to provide reading and maths homework for the current Y1s - Y5s during the Summer holidays. The aim of this work is that it will help get the children ready for their full return to school in September – watch out for more information next week

Maths work at Home

As I've often said in the recent past, the teachers and staff at St Luke's have been incredibly impressed and proud of all the work the pupils have been doing at home during these past months. Below is an email from Nishkaa's (Y2) mum showing how much work her daughter has been doing to improve her maths skills:

"We are doing good as well and wanted to give an update on some achievements of Nishkaain's Mathletics..."

** Earned the first Gold certificate in the class*

** Total of 38650 points earned which is 10.5% of the class total of 369079*

** Total of 108 gold bars*

** Total of 141 activities*

** 20 Bronze, 4 Silver & 1 Gold certificates*

Have attached the Gold certificate earned!

Kind regards,

Bhargavi (Nishkaa's mum)

I just wanted to include this as an example of how we can all keep developing our skills in these strange times – well done to Nishkaa and her family.

West Ham Art in the Community Project

As part of our on-going project with West Ham United our Y6 children made paintings around the theme of the four seasons to be given to a local old people's home – this lovely opportunity to link different generations allowed our children to demonstrate their creative skills – the only shame was that we couldn't take them around in person because of isolation restrictions.

Dragon's Den

Mia and her friends made a *Dragon's Den* bid for £25,000 from me this week to allow her Flying Dragon toys to go into production! Their presentation was so impressive I couldn't say 'I'm out!' and now am going home for the weekend to try and find the money!!



Thoughts on Vulnerability

I wanted to share with you this quote that the Diocese of Chelmsford were circulating this week to provoke some thought on vulnerability:

“Did you ever imagine that what we call ‘vulnerability’ might just be the key to ongoing growth? In my experience, healthily vulnerable people use every occasion to expand, change and grow. Yet it is a risky position to live undefended, in a kind of constant openness to the other—because it would mean others could sometimes actually wound you . . . But only if we choose to take this risk do we allow the exact opposite possibility: the other might also gift you, free you, and even love you.” (p. 57, *The Divine Dance*, Richard Rohr, SPCK 2016)

Remember, for children in school at the moment the school closes for the Summer holidays at 1pm next Friday the 17th July.

There's a message from the *Mathletics* team (below) and for those sufferers of asthma, see some tips for coping from the NHS Asthma newsletter.

Have a great weekend and say a prayer of best wishes for our fantastic Y6s

Matt Hipperson

Head Teacher

A fresh start in Mathletics for the new school year

Dear parents/guardians,

We wanted to let you know that your child's Mathletics account will be refreshed on **Monday 27th July 2020**, ready for the results from the next school year.



What does this mean?

- Results are reset so you'll only see the latest and most relevant results
- Progress bars are reset so you can see how your children are progressing with this year's curriculum

What about their achievements?

Your child's Avatar, certificates, and Live Mathletics scores will still be there, ready for another exciting year of maths!

What do I have to do?

Your school will take care of everything. They'll set your child's new curriculum and learning journeys, and you'll be able to use Mathletics at home in the meantime.

We look forward to another fun year of learning!

Warm regards,

The Mathletics Team

Asthma Newsletter

July 2020

Did you know that every September when you return to school, you are at greater risk of a sudden asthma attack? Do you want to know how you can avoid this? If so, have a quick read of this newsletter.

Advice to children

What can I do to prevent me having an asthma attack?

- Take my preventer (brown, purple, red & white) inhaler daily as my doctor told me.
- Ensure I have an asthma review at least once a year.
- Ensure I have a copy of my asthma action plan. (Save a photo of it on my phone).
- Know how to use my inhalers; do I need a spacer?
- Know what triggers my asthma.

Annual asthma review:

You should have an asthma review with your GP or practice nurse at least once a year.

You should see them earlier if your asthma symptoms are not controlled and especially if:

- you are using your salbutamol inhaler more than 3 times a week
- you are having day time asthma symptoms.
- your asthma is waking you up at night.
- you have attended A+E for your symptoms.

If any of these apply to you then why not call your GP practice to book an asthma review during the summer holidays? This will reduce your risk of an asthma attack when you return to school.

Hayfever can be a trigger, make sure you take your anti-histamine and/ or nasal spray every day.



Information on asthma and staying well

www.asthma.org.uk

Newham's Children's Community Asthma Nurses can be contacted on 0203 738 7063

Preventer inhalers build up asthma protection over time



What to do to help someone having an asthma attack:

Think: Are they coughing or wheezing? Are they finding it hard to breathe? Do they have a tight chest?

Intervene: Reassure the child, sit them upright and slightly forward.

Medicine: Give 10 puffs of their salbutamol inhaler (blue inhaler) using a spacer.

Emergency: If there is no improvement or if you are worried call **999**.

If you're waiting for an ambulance and there is no improvement after 5 minutes, give another 10 puffs of salbutamol.

ADRENALINE PEN? IF IN DOUBT – USE IT!!!!

The signs of an anaphylaxis (severe allergic reaction) may not always be obvious. You should have your adrenaline pen with you at all times and one available in school. You must check they haven't expired.

Asthma & COVID-19

Some people with asthma have been asked to shield (stay at home) due to the current COVID-19 pandemic. If you haven't been told to stay home but are worried about going back to school, please contact your GP.