



# St Luke's News

A Christian school that serves a diverse community and works in partnership  
with parents to develop the whole child.



23rd October 2020

Dear Parents & Carers

*As we come to the end of our first half-term we are all tired but I think the pupils, staff and parents should be very proud of themselves about the way we have all worked together to stay open.*

A parent said to me that he was amazed his child in YR hadn't picked up any coughs or sickness (I understand that some children have) and I said to him that our cleaners have done a fantastic job to keep the school as clean as possible and the staff and children have worked really hard to keep 'safe' practices going. But we also have to remember that it is not just our physical bodies that are under threat: our spirits/mental health has been under threat also - and this can be a harder thing to deal with. We are told we can't talk to people, we can't hug, we can't do the things that make life worthwhile and that is a big threat to our overall health. We need to look after each other more than ever and because we have such a strong school community, we can do this and hopefully get back to the 'normal' that we all need as human beings. So in that spirit, at the end of this newsletter, is a leaflet from the River Church Food bank if anyone is worried about the coming week. I hope that the half term brings rest and energy to our wonderful staff and some peace to our fantastic families.

## Secondary School Applications

Applications should be completed by Thursday 31st October 2020 at the latest! Please use the following link [www.eadmissions.org.uk](http://www.eadmissions.org.uk) to apply. If you do not apply on time there is a very good chance your child will not be offered a place at their secondary school of choice. **PLEASE DO NOT LEAVE IT UNTIL THE DEADLINE DATE.**

## NSPCC Assemblies



Last week the school delivered a group of assemblies provided by the NSPCC (National Society for the Prevention of Cruelty to Children). These were aimed at letting children know the rights they have to be kept safe and speak out if they are ever worried about something. We discussed who might be a 'trusted adult'

they could share concerns with and also reassured them that we are constantly looking out for any dangers towards them.

## Getting our fitness back

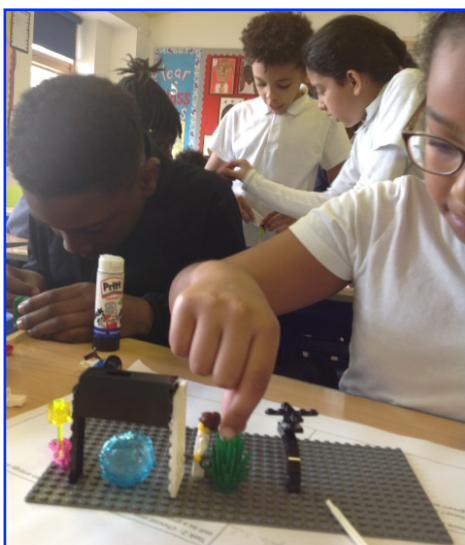
Ms Adams set the Y3s, 4s & 6s a fiendish task today: to complete a circuit of aerobic exercises (climbing, speed bounce, skipping, weights & ladder steps) whilst pitting the girls against the boys. It was a fiercely fought draw but was all part of us getting back to - and beyond - pre-lockdown fitness levels which is so important for all of us. Ms Adams was extremely proud of their efforts!



## Bikeability with Y5



This week has seen Nick and Louis working with our Y5 class on their bike riding abilities. The children all developed to a point where everyone was successfully riding a bike independently, which was credit to themselves and their instructors who were so good. We have requested them to return when the Y4s get their turn in the Summer Term.

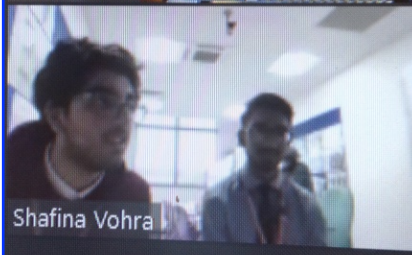


## Lego Workshop

Today our Y5s took part in a Lego Workshop under the 'remote' control of Year 11s from the London Design & Engineering University Training College in Beckton. Arijus from Y5 tells us more:

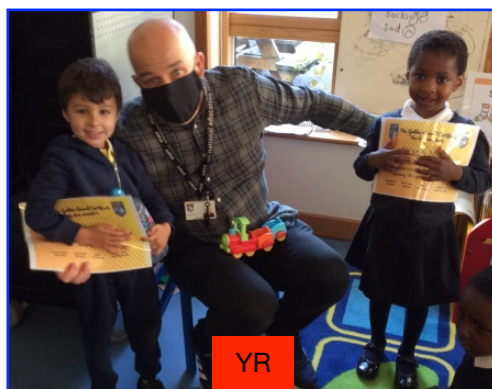
*"We got to build Lego structures to represent renewable energy. We had a set time limit to build up to five types of renewable energy."*

*The Year 11s were very professional and it was fun.*



## And finally...

This week's **Golden Assembly** heroes







Y2



Y3



Y4

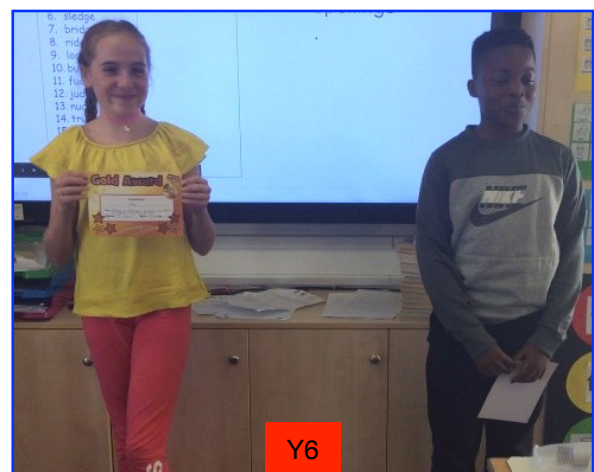


Y5

### REMEMBER...

**School closes for Half-Term next week and on Monday 2<sup>nd</sup> for staff training.**

**School re-opens on Tuesday 3<sup>rd</sup> November at the normal time.**



Y6

Please see diary dates below and a message from the River Christian Centre.

Have a restful and peaceful weekend

**Matt Hipperson**  
Head Teacher

## **Autumn 2 Dates of interest**

**2<sup>nd</sup> Nov** – school closed due to staff training.

**3<sup>rd</sup> Nov.** School re-opens + EYFS get a visit from Bigfoot Theatre Company

**3<sup>rd</sup> Nov.** Y6 after school boosters begin 3.30-4.30 Tuesdays & Thursdays + After school visit for parents of children applying for YR 2021

**4<sup>th</sup> Nov.** Y1 & Y6 get a visit from Bigfoot Theatre Company

**4<sup>th</sup> Nov.** Sean Bailey (Conservative Mayoral candidate) speaks to Y5&6 in hall about how to get your argument over effectively and how to survive prejudice

**5<sup>th</sup> Nov.** Flu Vaccinations + Y2 virtual visit to the National Army Museum

**6<sup>th</sup> Nov.** West Ham United present workshops to Y3,4,5 &6 on life and experience of John Leslie the first Black person to play for the club

**9<sup>th</sup> Nov.** Y2 get a visit from Bigfoot Theatre Company + After school visit for parents of children applying for YR 2021

**11<sup>th</sup> Nov.** Y5 get a visit from Bigfoot Theatre Company + 5pm Virtual meeting for YN parents on how to apply for YR 2021

**13<sup>th</sup> Nov.** Children in Need Pyjama day – non-uniform day with donations to Children in Need

**16<sup>th</sup> Nov.** Anti-Bullying week

**17<sup>th</sup> Nov.** Flip day – workshops for children on how to preserve their mental health by ‘flipping’ problems

**30<sup>th</sup> Nov.** Y2 Phonics test( that was delayed due to Co-vid 19)

**Christmas events will be added as soon as they are confirmed under government guidance**





# *River Christian Centre Foodbank*

In the light of the Coronavirus (COVID-19) outbreak, many in our local area are facing difficulties to financially access food. We are here to support at River Christian Centre Foodbank. If you are in need of food please contact us on 07470301364 or 02074761171. Please note: we operate on Tuesdays only for food distribution from 12-4pm.

We rely solely on donations to distribute food to families in need. Thank you to Newham Council, the local Co-op store in Barking Road, River Church Canning Town and St Luke's Church Canning Town for their provision of food alongside support. We are grateful to everyone that has donated. If you are able to donate, please do so. Donations can be dropped between 9am and 5pm, Monday to Friday at the centre in Vincent Street.

If you are able to offer financial support or wish to donate please contact us for further information. All money donated will directly support the foodbank.

*Reaching, Resourcing, Releasing*

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Newham London



RIVER St Luke's Church  
reaching, resourcing, releasing with our community