

St Luke's News



A Christian school that serves a diverse community and works in partnership with parents to develop the whole child.

14th January 2022

Dear Parents & Carers,

It was with a heavy heart we all learned of the death of Amina Lwanga, a parent in our school and mother of five children, whose oldest began here over 12 years ago and youngest is only 6 months old.

This is devastating news for the family and our entire school. It is no exaggeration to say that Amina was a mum full of love, fun and energy. You really felt her presence as she entered the school to pick up her children and she would usually be engaged in chatting with other parents and almost always laughter would be heard. I genuinely believe we have a school community to be enormously proud of and I know we will step up to support the family in whatever ways are needed over the next months and years. I also know how devastating this is to all of us but our faith will help us move from this time of pain to a time when we can remember the person we knew and loved and cherish the joy she brought to all of us.



Covid - working together to win

Thanks to all our parents for working with us as we try to keep everyone safe and ensure the school stays open permanently. You will all be aware just how quickly the Omicron variant can spread so please wear a mask when coming on site and do not enter any part of the school building unless supervised by a member of staff. It is my feeling that locally we are starting to get into a better position compared with December when there was a higher risk of contracting the virus **but we must remain vigilant.**

Y6 STEM Project (Science Technology Engineering & Maths)

Mr Brown and the Y6s are leading the development of STEM skills in the school - watch out for the *STEM* week coming in mid-March. Below is a write-up of some work they did this week.

This week in science we did research about bugs. On Monday we went on a zoom call with Cindy Smith. She talked to us about her career as an advanced research assistant. She currently works trying to find a cure for Malaria. Malaria is a disease caused by mosquitoes. It is mostly located in countries near to the equator.





Cindy gave us a task which was to make a pitfall trap to trap some 'creepy crawlies' and later evaluate and identify what creatures fell in. On Wednesday we went to the eco garden and placed our pitfall traps into the ground. It is important to keep the cup level to the ground. On Thursday we collected our traps. Unfortunately, some of us didn't trap any creatures so we started to look for any creatures that were just relaxing in their habitat nearby and then took them into the classroom to classify them.

by Yorshalaim, Y6

Getting ready for Summer - 'Owzat!

Coaches from Platform Cricket came to the school today to begin a six week initial coaching programme with our Y4's. This is an initiative to develop cricket in Canning Town. Our area is historically a football and boxing stronghold so it is a great opportunity to learn new skills. Look out for a flyer in a coming soon that will offer after school sessions nearby.



Breakfast Club

Breakfast club runs from 0730-0830 for children in YR-Y6. Younger children get cereal and toast and the older children get to have some scrambled eggs as well! It is charged at £3 for the hour and you can book sessions with Miss Aulakh or Mrs Simpson.

Langdon SSP Years 5&6 Athletics Competition

- by our Sports Reporter Shreya

On Wednesday 12th January, several Year 5&6 children went to The UEL Sports Dock to participate in an athletics competition where the top 3 schools go through to the The Newham Borough finals. They did amazing! Our 17 Competitors took part in several events including chest throw, speed bounce, long jump, javelin, triple jump and vertical jump. In vertical jump, one of our Year 5s jumped the highest! In the races, we had some excellent runners. We came 1st

in Girls 2x1 lap race, 2nd in the boys relay and 3rd in the girls relay. Overall, we came 3rd and earned a place in the finals which will take place on Monday 24th January at Kingsford School (3pm til 5.30pm)

There was also a TEACHERS RACE! Ms Adams didn't thinks it was fair if she ran because none of the other teachers would stand a chance of winning so she let Mr Simpson run instead AND HE WON US 1st PLACE IN THE TEACHERS RACE!

Well done everyone.

(Watch this space for Shreya's report of the Athletics Finals.)

St Luke's Nursery PE Stars!!

Nursery have been truly amazing in their two PE lessons this week! They did Athletics including racing with a batons, jumping hurdles, chest and

javelin throws. They have also played competitive games like *Bean Bag Dash* & *Bean Bag Aiming*. Our little Champions can identify colours, name the equipment, count and say the rules of each activity. Their teachers are so proud of them. Well done Nursery - *You are Ms Adams PE Class of the week!*





At this stage in Season 2, we have over 11 million points!!! That is an amazing achievement for the smallest school in Newham, especially with the weather being so cold and miserable. Getting outside, doing exercise, keeping fit and being in the fresh air is good for your mental health as well as your physical health. Keep it up - you are doing great.

AND REMEMBER, the top 25 scorers will earn a place in *The Great Easter Egg Hunt Activity Party* that will take place in March. Season 2 ends March 10th 2022.

To motivate you into get outside and collecting those virtual tags, here are 600 PE bonus points -

 $schoolmiles_TJCR$

 $schoolmiles_FOZE$

schoolmiles_DOZB

Any problems with these codes - see Ms Adams.

Have an active weekend & stay safe.

Celebrations & Stars of the Week





YN YR





Y1 Y2





Y1 & 2 Birthdays

Stars of the week





Y3 Y4





Y5 Y6



Y5&6 team that has qualified for the chance to represent Newham at the London Games



Winners of the Inspirational Women writing competition

After a visit from female writer and blogger *Chidera Eggerue* (recently name checked by Oprah Winfrey), the girls picked inspirational women and researched them for a project. The girls earned a signed copy of Chidera's book and next week we will publish some of the writing.

Please check out the information flyer below for parents seeking help or advice on autism in children

Until next week, have a safe and peaceful weekend.

Matt Hipperson

Head Teacher







Being a Parent ASD Course

Empowering Parents, Empowering Communities (EPEC)

For parents of children aged 5 and over with an Autism Diagnosis or awaiting one



Delivered for Parents by Parents:

The course helps parents learn practical communication skills for everyday life & bring up confident, happy and co-operative children.

You will leave this course feeling better able to:

- · Help others by sharing your experience as a parent
- Support your children as they move from primary to secondary school
- · Create a calm and peaceful family life

Spring Course Details:

Tuesdays at St Mark's Community Centre: 218 Tollgate Road, E6 5YA 11th January to 22nd March 2022 @ 10:00am to 12:30pm

These groups are all facilitated by experienced parents who work with you to share your experiences and strategies with others along with evidence based tools that will help you and your family.

You will learn more about how:

- Autism can affect your child and how you and your family are impacted
- Everyday strategies and routines can influence development and manage effects of Autism in children
- · Ways to support behaviour, meeting children's needs and reducing meltdowns

For more information and to sign up contact:
E: Headstart.ProgrammeTeam@newham.gov.uk
W: www.headstartnewham.co.uk/get-involved/sign-up-to-headstart/







