



St Luke's News

A Christian school that serves a diverse community and works in partnership with parents to develop the whole child.



2nd December 2022

Dear Parents and Carers,



Advent has begun and this special time of preparation takes many forms in St. Luke's. Next week Reverend Amy and her fantastic youth team will visit all of our classes to discuss the real and deeper meanings of Christmastime.

But Christmas is also about celebration and this week Ms Aulakh led



her time-honoured Christmas Pudding Assembly where some children made the pudding during the assembly and are now letting it 'blend' for 2 weeks before we eat it on our special



Christmas dinner on Thursday 15th Dec. The best bit about this season for us is the chance it offers us to invite our families to come into the school and celebrate along with the children – please see the list of events at the end of the newsletter and if you have some time pop in!

Putting a stop to bullying

On Friday 25th November all the KS2 classes had a workshop with Adrian from the *Bigfoot Theatre Company* on the theme of Anti-Bullying. Adrian has three rules: listen to others when they are talking, respect each other and lastly, be the best version of yourself.



We played a game that tested our listening skills and pushed us to the limit. Then he sat us down and showed us a video that was informing us about anti-bullying. In the video, it was telling us to reach out and help put a stop to bullying. Then, we began to make our own tableaus about different ways people are bullying. Adrian showed us a picture of different people who are involved in bullying scenarios:

- The Outsider - who could become a defender
- The Target - the person being bullied
- The Assistant - the person helping the leader
- The Ringleader - the person who is bullying others

- The Defender - the person who defends the person being bullied
- The Follower - the person who laughs at the back not knowing they are involved

Lastly, we talked about respect. We said that respect is when you treat others with kindness and even if we dislike them, show an act of kindness but not only to others but also to yourself. You are able to show it by listening to one another and understanding how you would feel in their position. Thanks Adrian.

– Michaela Y6

Architecture in Schools

Last Wednesday students representing each school in the *Architecture in Schools* project got to visit the East Wintergarden Hall in Canary Wharf for an awards evening. As part of this event some of our Y4 children went up onto the stage to accept their medals and certificates on behalf of the whole class, some even spoke of their experiences as part of the Open City Architecture in schools project. We were awarded 2nd place for the category we were in and all had a great time.



Competition time

Are you an ambassador for kindness and compassion? Can your child write a poem about kindness to help spread some of it in our world and encourage others to share this value?

This weekend, use the link below to enter a fabulous competition organised by local libraries. Entries can be handed to Mrs Tarbuck or directly to Canning Town Library.

<https://applesandsnakes.org/project/kindness-competition-2023/>

Entries to Mrs Tarbuck will be displayed in school and shared in assemblies for the whole school to hear. Winners will be published in a real anthology and edited by the famous Joesph Coelho.

The closing date is 16th December.

Good luck! Maybe you will be the winning poet and your work will be published!

Health Update

Scarlet fever symptoms

Scarlet fever usually follows a [sore throat](#) or a skin infection, such as [impetigo](#), caused by particular strains of streptococcus bacteria. Initial symptoms usually include a sore throat, headache and a high temperature (38.3C/101F or above), flushed cheeks and a swollen tongue. A day or two later the characteristic pinkish rash appears. It usually occurs on the chest and stomach before spreading to other areas of the body, such as the ears and neck.

The [symptoms of scarlet fever](#) usually develop two to five days after infection, although the incubation period (the period between exposure to the infection and symptoms appearing) can be as short as one day or as long as seven days. The rash feels like sandpaper to touch and it may be itchy. On darker skin the rash may be more difficult to see although its rough



texture should be apparent. **Very occasionally an infection like Scarlet Fever can lead to a further more dangerous infection called Strep A that has claimed the lives of 6 children to date.** Group A streptococcal infections usually result in mild illness with symptoms that include a sore throat, fever and minor skin infections and can be treated with a full course of antibiotics from the GP. In rare incidences, it can be a severe illness and anyone with high fever, severe muscle aches, pain in one area of the body and unexplained vomiting or diarrhoea should call NHS 111 and seek medical help immediately.

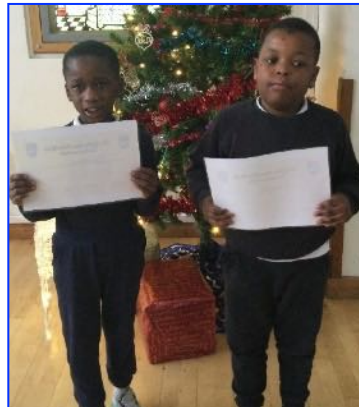


Please do not put Ibrufen/Paracetamol into your child's bags for them to take themselves. We understand the pressures to keep your child at school so you can work but this is an incredibly dangerous practice.

Golden Assembly



Y1 class of the week



Y2



Y3



Y4



Y5



Birthdays



And finally...



Mr D.I.Y

If anyone is in need of an odd job man we have someone in Nursery who likes putting things together, like this shelf which he put together using screws and an Allen key – I don't know his rates but he does a great job!

AND...

You are invited to come and watch England on a big screen for free this Sunday at St Luke's Church 6.30pm!



Please check out the flyer advertising events at St Luke's Church below and this December's diary dates

Have a safe and joyful weekend

Matt Hipperson

Head Teacher

December:

- Dec. 6th** 2nd Flu vaccinations
- Dec 8th** Fluoride treatments for YN, YR & Y1
- Dec 9th** Christmas Pantomime – Dick Whittington – PM
- Dec 10th** **Sat – Choir singing at Waitrose Canary Wharf**
- Dec 12th** **Y1 visit to Ascension Church Custom House PM**
- Dec 13th** AM EYFS Christmas Nativity – Parents welcome
- Dec 15th** AM KS1 Christmas Nativity – Parents welcome
- Dec 15th** **Christmas Dinner and Jumper-day**
- Dec 16th** **End of Term Music Assembly – Parents Welcome**
- Dec 16th** **Christmas Dinner and Jumper-day**
- Dec 19th** **End of Term Awards Assembly 9am – Parents welcome**
- Dec 19th** **Christmas parties for children**
- Dec 20th** **Christingle Service 9am – Parents welcome**

Dec 20th School closes for Christmas holidays at 1pm and Re-opens on Thursday the 5th January with Breakfast club opening at the normal time – After-School clubs will begin on Monday 9th January



The flyer is a vertical poster for St Luke's Church, featuring a festive background of pine branches and red baubles. At the top, the church's logo reads 'St Luke's Church BUILDING BRIDGES WITH OUR COMMUNITY'. Below this, five event cards are stacked, each with a date, title, description, icon, and time. The events are: SAT 10TH DEC CHRISTMAS CONCERT (19:00 PM), SUN 11TH DEC CAROLS BY CANDLELIGHT (15:00 PM & 18:00 PM), SAT 17TH DEC FAMILY NATIVITY (15:00 PM), SAT 24TH DEC MIDNIGHT MASS SERVICE (11:00 PM), and SUN 25TH DEC CHRISTMAS DAY SERVICE (10:30 AM). At the bottom, there is a section for more information, including the website 'WWW.STLUKESE16.CO.UK', social media icons for Facebook and Instagram with handles 'stlukese16' and 'stlukes_e16', a QR code, and the text 'OR SCAN'.

St Luke's Church
BUILDING BRIDGES WITH OUR COMMUNITY

Date	Event	Time
SAT 10TH DEC	CHRISTMAS CONCERT	19:00 PM
SUN 11TH DEC	CAROLS BY CANDLELIGHT	15:00 PM & 18:00 PM
SAT 17TH DEC	FAMILY NATIVITY	15:00 PM
SAT 24TH DEC	MIDNIGHT MASS SERVICE	11:00 PM
SUN 25TH DEC	CHRISTMAS DAY SERVICE	10:30 AM

FOR MORE INFO VISIT
WWW.STLUKESE16.CO.UK

OR SCAN

Facebook: [stlukese16](#)
Instagram: [stlukes_e16](#)