

St Luke's News





10th December 2022

Dear Parents and Carers,

The Autumn term finished with a very beautiful Christingle service led by Rev. Amy and the church team. It was the perfect end to our Christmas celebrations and brought us all back to the real importance of Christmas: Peace, Hope, Love and Joy – and we have seen a lot of that over the last week and a bit. This newsletter encapsulates some of the events and activities that make the school such a special place to be at this time of the year. We hope you enjoy it and have a peaceful and Joyous time.



Nativities



Reception



& Nursery





And Santa dropped in to see the children from Nursery to Y2 – there was great excitement & love!

Poetry Winner

Huge congratulations to Millie from Y3 who is our Kindness Poetry winner. We had numerous entries and it was a difficult decision but the judges felt Millie was the winner because of the acrostic layout and ambitious vocabulary. Well-done!

A Kindness Acrostic

Kindness is when you support anyone that you know. In school, if you lose, feel grateful for the winners.

Decide whether to be kind, polite, kind hearted ,thoughtful or attentive. Never be nasty or impolite.

Never be hateful or savage.

Even if you're angry, try to be kind.

So always be compassionate.

Since you're nice, you will be nice your entire life.

Partnership with Waitrose



For the last 5 years St. Luke's has had an active partnership with Waitrose in Canary Wharf aimed at raising funds for local homeless people and foodbanks. Below is a message from Craig from Waitrose:

"What a pleasure it was to host your school on Saturday 10th December. The children (and adults) were a real pleasure and a credit to St. Lukes. They definitely made our John Lewis & Waitrose customers happier and reminded

them of the joy of Christmas.' Please thank the children and adults from all of us at Canary Wharf for singing so beautifully and with such enthusiasm! The children raised £370 for the local foodbank."



Delivery for the River & St. Luke's Foodbank
Ayna & Mustapha from Waitrose in Canary Wharf
delivering £350 of supplies for the River Church &
St. Luke's Foodbank which the Justice Committee
delivered last Friday 16th December, which were
accepted by Nigel from the foodbank.



Snowfall Battleground!

On Monday morning, our KS2 playground resembled the North Pole after the heavy snowfall the day before. But the beautiful, white scenery didn't last long because at

11.30am the playground turned into

a battlefield where many teachers feared to go!! The children of KS2 had an epic snowball fight that saw every inch of the playground turn into a frozen war zone.

Everyone had great fun - except the teachers who endured a barrage of snowballs from every angle! Thanks Mr H for letting the children have their first experience of a snowball fight, they really enjoyed it.





Fun to the sound of the Drum

It's always lovely when some of our ex-students return to St Luke's for a visit or to help out and on



Monday 12th, one of our ex-students did just that. Now in Year 10, he returned from his boarding school called Rugby (where he attends on a full music scholarship) to support in Year 3, assist in PE and to help

some of our 46 music students prepare for the concert on Friday 16th. Then, as if that wasn't enough, he went on to use his amazing drumming skills to teach our Reception children some rhythms, music patterns and

percussion skills in a fantastic music lesson. It was a great lesson and the little ones loved it. Well done to our talented young teacher, you did an amazing job. And as we like to say here, 'Once a St Luke's Student, Always a St Luke's Student.'



Christmas dinner

On Thursday 14th, our wonderful kitchen staff cooked a delicious Christmas dinner for all the children and staff at St Luke's. It was a lovely dinner and everyone had fun pulling crackers, telling jokes and wearing their paper hats. Thank you to our amazing kitchen staff for all your hard work - it can't be easy cooking a full Christmas dinner for over 300 people! We really appreciate it!





Newham Music Winter Showcase

On Saturday 10th December, 3 of our talented musicians took part in The Newham Music Winter Showcase at Trinity Church, East Ham. It was a lovely festive event with singing, several ensemble performances, solos, cultural dancing and even a musical story telling of Hansel & Gretel. Well-done to our three students from Year 3,4 & 5 for their lovely performances. St Luke's is proud of you.



Santa's Little Helpers

One of Jesus' many teachings is for us to serve

others and on Christmas Dinner Day, 3 of our amazing Year 6 students did just that. After lunch had finished, our fantastic helpers gave up the rest of their lunch break to: help the younger students put their trays away, clean up the rubbish, collect the trays, wipe the tables and sweep the floor. They did an amazing job and were a great example to others. Thank you and well-done girls.

Music Assembly



On Friday 16th, our music students treated the rest of the school to an amazing *Musical Winter Showcase*. Over 40 of our music learners showed off their skills on various instruments. There were performances on the piano, saxophone, trumpet, violin, ukulele, recorder, drums and - for the 1st time - singing by students having voice lessons at St Luke's. It was also lovely to see two of our exstudents return to perform in the concert. Now in Year 10 at Rugby boarding school and St Angelas Ursuline school, our young musicians performed various pieces to the delight of the audience. There was also a fantastic solo performance on the electric guitar by another St Angelas Student who is in Year 8. A massive well done to all our talented musicians. You were all brilliant and we look forward to the next one - Summer Showcase in July 2023.









Violins, saxophones and drums all helped along by The Music Experts (right)



Silent Discos – here are the Y6s having their Christmas Disco



Stay safe online this Christmas

Parents if you are wondering who children are **TALKING** to when online, what are they **DOING**, and are they **SAFE?** Or how can you tell if an app or game is **APPROPRIATE?** And how long is too long on **DEVICES?**

Why not check out <u>parentsafe.lgfl.net</u>, a one-stop location for support and advice. Either send them to the site directly or to specific resources from it. Controls are easier to put on a device <u>at the start before you give a device to a child, here's a great guide from Common Sense Media</u>

...and finally

End of Term Awards









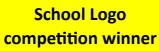
Year 2 Year 3 Year 4





Year 5 Year 6







Poetry competition winner



Christmas Pudding Winners



Class of the Term Winners – Year 1



Reading Eggs Winners



Happy belated birthday!



FFT Reading winners



Breakfast club



Football club



Sports winners

Merry Christmas to all our wonderful families and children – we pray that you may all have a peaceful and joyful holiday full of love.

From all at St. Luke's XXX

M. K

Matt Hipperson HT

We will see you back at the normal time on Thursday 5th
January 2023!





FREE HELP WITH LIVING COSTS



Free help with money

- - * www.ournewhammoney.co.uk
- Money A+E: money advice & education for Newham residents.
- Community Links: for housing, debt, consumer and employment advice, free legal services from FreeLaw. \ 020 7473 2270 www.community-links.org
- Bonny Downs: welfare and welfare benefit checks for over 65s \$ 020 8586 7070



Free help with housing

- If you're having problems with a private landlord or letting agency, contact:
 020 3373 1950 privatehousing@newham.gov.uk
- If you're homeless, you can get support from our Homelessness Prevention service at:
 - * www.newham.gov.uk/housing-homes-homelessness/homelessness-prevention-advice.
- If you're threatened with homelessness, contact:
 ■ hpas@newham.gov.uk
- Emergency help for families with children: MASH \ 020 3373 4600 during office hours (Mon-Thu, 9am-5.15pm or Fri 9am-5pm) \ 020 8430 2000 at any other time
- If you're pregnant and need immediate help or you're clinically or physically vulnerable.
 Accessto.AdultsSocialCareTeam@newham.gov.uk



Free help with food

Newham Food Alliance \ 07790 975 086 \(\infty\) frontdoor@newhamfoodalliance.org
 www.newham.gov.uk/newhamfoodalliance



Free help with energy bills

- Our Newham Money: \$\square\$020 8430 2041
- East End Citizens Advice: 5020 8525 6379 Tuesdays & Wednesdays 10am-1pm
- Mayor of London Warmer Homes Programme:
 √ 0300 555 0195
 xi shine@islington.gov.uk



Free help with work

- Our Newham Work: \$\sqrt{020 3373 1101} \otimes ournewhamwork.engagementteam@newham.gov.uk
 www.ournewhamwork.co.uk
- Employment Rights Hub for free confidential support and advice if someone is having problems at work \u200e9 020 3373 6494
- Work Rights Centre for help with employment rights, CV building and benefits
 \(\) 030 0400 0100 (EN) 07437 110951 \(\) contact@workrightscentre.org



Free help with stress and emotional pressure

- Free and confidential psychological support for adults:
 020 8175 1770 www.newhamtalkingtherapies.nhs.uk
- For children (under 18): Talk to your doctor or the school.
- For school health support \$ 020 3373 9983 # www.newham.gov.uk/schoolhealth
- Mental health crisis line for anyone: \$\square\$ 0800 073 0066 anytime

costoflivingresponse@newham.gov.uk www.newham.gov.uk/council/cost-living-response

WE ARE NEWHAM.

